## Mini-course at IMPA on area, curvature and radius estimates for constant mean curvature surfaces

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Lectures based on references appearing in last slide. Slides of talks appear on web page http://professor.ufrgs.br/alvaro/pages/30-cbm.
(1) Lecture 1: Background material, statements of the main results.
(2) Lecture 2: Area estimates for embedded 3-periodic H -surfaces.
(3) Lecture 3: H -surfaces in homogeneous 3 -manifolds
(9) Lecture 4: Reduction of Hopf uniqueness theorem to area estimates
(6) Lecture 5: Area estimates for H -spheres in Hopf uniqueness theorem

## Introduction to the theory of CMC surfaces.



- Let $\mathbf{M}$ be an oriented surface in $\mathbf{R}^{\mathbf{3}}$, let $\xi$ be the unit vector field normal to M :

$$
\mathbf{A}_{\mathbf{p}}=-\mathbf{d} \xi_{\mathbf{p}}: T_{\mathbf{p}} \mathbf{M} \rightarrow T_{\xi(\mathbf{p})} \mathbf{S}^{2} \simeq T_{p} \mathbf{M}
$$

is the shape operator of M .

- The map $\xi: \mathbf{M} \rightarrow \mathbf{S}^{\mathbf{2}}$ is called the Gauss map of $\mathbf{M}$ at $\mathbf{p}$.

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is the shape operator of $\mathbf{M}$. Here $\mathbf{d} \xi_{\mathbf{p}}$ is the derivative map.

- The trace of $\mathbf{A}_{\mathbf{p}}$ is twice the mean curvature $\mathbf{H}(p)$ at $p \in \mathbf{M}$.


## Introduction to the theory of CMC surfaces.

## Definition

- Principal curvatures $k_{1}(\mathbf{p}), k_{2}(\mathbf{p})$ at $\mathbf{p}$ are the eigenvalues of $\mathbf{A}_{\mathbf{p}}$.
- $K=\operatorname{det}(\mathbf{A})=k_{1} k_{2}=$ Gauss curvature function.
- $H=\frac{1}{2} \operatorname{tr}(\mathbf{A})=\frac{k_{1}+k_{2}}{2}=$ mean curvature function.
- $|\mathbf{A}|=\sqrt{k_{1}^{2}+k_{2}^{2}}=$ norm of 2 nd fundamental form (shape op).


## Gauss equation

$$
4 \mathrm{H}^{2}=|\mathbf{A}|^{2}+2 \mathrm{~K} \quad(\mathrm{~K}=\text { Gaussian curvature })
$$

So, when $\mathbf{H}(\mathbf{p})=0$, then $\mathrm{K}(\mathbf{p}) \leq 0$.

## Introduction to the theory of CMC surfaces.

## Definition 1

$\mathbf{M}$ is an H-surface means that it has constant mean curvature $\mathbf{H}$.

## Definition 2

$\mathbf{M}$ is an H -surface $\Longleftrightarrow \mathbf{M}$ is a critical point for the area functional under compactly supported variations preserving the volume.


- Sphere

- Cylinder

- Delaunay surfaces


## Definition

Let $\mathbf{M} \subset \mathbf{R}^{\mathbf{3}}$ be a compact surface with boundary and unit normal field $N$.

- A function $f: \mathbf{M} \rightarrow \mathbb{R}$ is said to have mean value zero if $\int_{M} f=0$.
- A (normal) variation of $\mathbf{M}$ which preserves volume is a family $F_{t}(x)=x+t u(x) N(x)$ such that $u$ has mean value zero and $\left.u\right|_{\partial м}=0$.
- The first variation of area with respect to such an $F_{t}$ is the derivative of the area of the surfaces $F_{t}: \mathbf{M} \rightarrow \mathbf{R}^{3}$ at $t=0$.
- The stability operator of $M$ is

$$
S=\boldsymbol{\Delta}+\left|\mathbf{A}_{\mathbf{M}}\right|^{2}+\operatorname{Ric}(N),
$$

where $\boldsymbol{\Delta}$ is the Laplacian, $\mathbf{A}_{\mathbf{M}}$ is the second fundamental form of $\mathbf{M}$ and $\operatorname{Ric}(\cdot)$ is the Ricci curvature.

- If $\mathbf{M}$ is an H -surface, then the nullity of $S$ is the dimension of the kernel of $S$ and the index is the dimension of the kernel of $S$ (with respect to functions $u$ with $\left.u\right|_{\partial \mathrm{M}}=0$ ).


## Definition (Isoperimetric Problem)

- A smooth compact domain $\Omega$ in a 3 -dimensional Riemannian manifold $\mathbf{X}$ is called a solution of the isoperimetric problem in $\mathbf{X}$ if any other smooth compact subdomain $\Omega^{\prime} \subset \mathbf{X}$ with the same volume as $\Omega$ satisfies

$$
\operatorname{Area}\left(\partial \Omega^{\prime}\right) \geq \operatorname{Area}(\partial \Omega)
$$

- Note that the boundary of a solution to the isoperimetric problem in X is a critical point to volume preserving variations and hence must have constant mean curvature.
- Fact: if $\mathbf{X}$ is homogenous or closed, then for every $\mathbf{V}>0$, there exists a smooth domain $\Omega_{\mathrm{v}}$ with volume $\mathbf{V}$ that is a solution to the isoperimetric problem.


## Introduction to the theory of CMC surfaces.

## Definition

An $H$-surface $M$ is a minimal surface $\Longleftrightarrow H \equiv 0 \Longleftrightarrow M$ is a critical point for the area functional under compactly supported variations.


- Catenoid

- Helicoid


## CMC surfaces in nature.

## Soap films are minimal surfaces.



## Soap bubbles are nonzero H-surfaces.



## Notation and Language

- $\mathrm{Ch}(\mathbf{Y})=\operatorname{lnf}_{\mathrm{K} \subset \mathbf{Y} \text { compact }} \frac{\operatorname{Area}(\partial \mathbf{K})}{\operatorname{Volume}(\mathbf{K})}=$ Cheeger constant of $\mathbf{Y}$.
- $\mathbf{H}(Y)=\operatorname{Inf}\left\{\max \left|H_{M}\right|: M=\right.$ immersed closed surface in $\left.Y\right\}$, where $\max \left|\mathrm{H}_{\mathrm{M}}\right|$ denotes max of absolute mean curvature function $\mathrm{H}_{\mathrm{M}}$.
- The number $H(Y)$ is called the critical mean curvature of $Y$.


## Theorem (Meeks-Mira-Pérez-Ros)

- If Y is a simply connected homogeneous 3-manifold, then:

$$
2 H(Y)=\operatorname{Ch}(Y)
$$

## Remark

Proof uses $\mathbf{H}(\mathbf{Y})$-foliations of $\mathbf{Y}$ to show that if $\Omega(n) \subset \mathbf{Y}$ is a sequence of isoperimetric domains in Y with $\operatorname{Volume}(\Omega(n)) \rightarrow \infty$, then

$$
\mathbf{H}_{\partial \Omega(n)} \geq \mathbf{H}(\mathbf{Y}) \quad \text { and } \quad \lim _{n \rightarrow \infty} H_{\partial \Omega(n)}=\mathbf{H}(\mathbf{Y})
$$

## Classification Fact:

Simply connected homogeneous 3 -manifolds $\mathbf{X}$ are either isometric to $\mathbb{S}^{2}(\kappa) \times \mathbb{R}$ or to a metric Lie group.

Let $\mathbf{M}$ be a Riemannian homogeneous 3-manifold, $\mathbf{X}$ denote its Riemannian universal cover, $\mathrm{Ch}(\mathbf{X})$ denote the Cheeger constant of $\mathbf{X}$.

## The next theorem solves the so called Hopf Uniqueness Problem.

## Theorem (Hopf Uniqueness Problem, Meeks-Mira-Pérez-Ros)

Any two spheres in $\mathbf{M}$ of the same absolute constant mean curvature differ by an isometry of M . Moreover:
(1) If $\mathbf{X}$ is not diffeomorphic to $\mathbb{R}^{3}$, then, for every $\mathbf{H} \in \mathbb{R}$, there exists a sphere of constant mean curvature H in M .
(2) If $\mathbf{X}$ is diffeomorphic to $\mathbb{R}^{3}$, then the values $\mathbf{H} \in \mathbb{R}$ for which there exists a sphere of constant mean curvature $\mathbf{H}$ in M are exactly those with $|\mathbf{H}|>\mathrm{Ch}(\mathbf{X}) / 2$.

## Theorem (Geometry of H-spheres, Meeks-Mira-Pérez-Ros)

Let $S$ be an H -sphere in M .
(1) If $\mathbf{H}=0$ and $\mathbf{X}$ is a product $\mathbb{S}^{2}(\kappa) \times \mathbb{R}$, where $\mathbb{S}^{2}(\kappa)$ is a sphere of constant curvature $\kappa$, then $S$ is totally geodesic, stable and has nullity 1 for its Jacobi operator.
(2) Otherwise, $S$ has index 1 and nullity 3 for its Jacobi operator and the immersion of $S$ into M extends as the boundary of an isometric immersion $F: \mathbf{B} \rightarrow \mathbf{M}$ of a Riemannian 3-ball $\mathbf{B}$ which is mean convex.
(3) There is a point $\mathbf{p}_{S} \in \mathbf{M}$, called the center of symmetry of $S$, such that every isometry of $M$ that fixes $\mathrm{p}_{S}$ also leaves invariant $S$.

## Previous influential results on the Hopf Uniqueness Problem:

## Theorem (Hopf, 1951)

H-spheres in $\mathbf{R}^{3}$ are round. In fact if $M$ has constant sectional curvature, then H -spheres in M are geodesic spheres of fixed radii.

## Theorem (Abresch-Rosenberg, 2004)

If $\mathbf{M}$ has a 4-dimensional isometry group, then $\mathbf{H}$-spheres in $\mathbf{M}$ are surfaces of revolution and they are unique.

## Theorem (Daniel-Mira (2013), Meeks (2013))

- If $\mathbf{X}$ is the Lie group $\mathrm{Sol}_{3}$ with the left invariant metric

$$
e^{2 z} d x^{2}+e^{-2 z} d y^{2}+d z^{2}
$$

then H -spheres in X are unique, embedded and have index 1 .

- After left translation, these spheres have ambient symmetry group generated by reflections in the $(x, z)$ and $(y, z)$-planes and rotations by $\pi$ around the two lines $y= \pm x$ in the $(x, y)$-plane.



## Definition (Left invariant Gauss map)

- Let $\mathbf{X}$ be a 3-dimensional metric Lie group.
- Given an oriented immersed surface $f: \boldsymbol{\Sigma} \rightarrow \mathbf{X}$ with unit normal vector field $N: \boldsymbol{\Sigma} \rightarrow T \mathbf{X}$, the left invariant Gauss map of $\boldsymbol{\Sigma}$ is the map $G: \boldsymbol{\Sigma} \rightarrow \mathbb{S}^{2} \subset T_{e} \mathbf{X}$ that assigns to each $p \in \boldsymbol{\Sigma}$, the unit tangent vector to $\mathbf{X}$ at the identity element $e$ given by left translation:

$$
\left(d I_{f(p)}\right)_{e}(G(p))=N_{p}
$$

New uniqueness results for CMC surfaces.

## Question

Is the round sphere the only complete simply connected surface embedded in $\mathbf{R}^{3}$ with non-zero constant mean curvature?

NOT simply connected


- Cylinder

NOT embedded


- Smyth surface conformally $\mathbb{C}$


## New uniqueness results for CMC surfaces.

> Theorem (Meeks-Tinaglia)
> Round spheres are the only complete simply connected surfaces embedded in $\mathbf{R}^{3}$ with non-zero constant mean curvature.

1986 - Above result proved by Meeks for properly embedded.

2007 - Work of Colding-Minicozzi and Meeks-Rosenberg for $\mathbf{H}=0$ shows that if $\mathbf{M}$ is a complete, simply connected 0 -surface (minimal surface) embedded in $\mathbf{R}^{3}$, then $\mathbf{M}$ is either
a plane or a helicoid.

## Theorem (Meeks-Tinaglia)

Let $\mathbf{M} \subset \mathbf{R}^{\mathbf{3}}$ be a complete, connected embedded $\mathbf{H}$-surface.
(1) $M$ has positive injectivity radius $\Longrightarrow M$ is properly embedded in $R^{3}$.
(2) M has finite topology $\Longrightarrow \mathrm{M}$ has positive injectivity radius.
(3) Suppose $\mathbf{H}>0$. Then:
$\left|A_{M}\right|$ is bounded $\Longleftrightarrow M$ has positive injectivity radius.

When $\mathbf{H}=0$, items 1 and 2 were proved by Meeks-Rosenberg, based on: Colding-Minicozzi: $M$ has finite topology and $\mathbf{H}=\mathbf{0} M$ is proper.

Item 3 in the above theorem holds for 3 -manifolds which are homogeneously regular; in particular it holds in closed Riemannian 3-manifolds.

## Theorem (Radius Estimates for H-Disks, Meeks-Tinaglia)

$\exists \mathbf{R}_{0} \geq \pi$ such that every embedded $\mathbf{H}$-disk in $\mathbf{R}^{3}$ has radius $<\mathbf{R}_{\mathbf{0}} / \mathbf{H}$.

## Corollary (Meeks-Tinaglia)

A complete simply connected $\mathbf{H}$-surface embedded in $\mathbf{R}^{\mathbf{3}}$ with $\mathbf{H}>0$ is a round sphere.

## Theorem (Curvature Estimates for H-Disks, Meeks-Tinaglia)

Fix $\varepsilon, \mathrm{H}_{0}>0$ and a complete locally homogenous 3-manifold $\mathbf{X} . \exists \mathbf{C}>0$ s.t. for all embedded $\left(H \geq H_{0}\right)$-disks D:

$$
\left|\mathbf{A}_{\mathbf{D}}\right|(p) \leq \mathbf{C} \quad \text { for all } p \in \mathbf{D} \text { s.t. } \operatorname{dist}_{\mathbf{D}}(p, \partial \mathbf{D}) \geq \varepsilon
$$

## Theorem (One-sided curvature estimate for H-disks, Meeks-Tinaglia)

 $\exists \mathbf{C}, \varepsilon>0$ s.t. for any $\mathbf{H}$-disk $\boldsymbol{\Sigma} \subset \mathbf{R}^{\mathbf{3}}$ as in the figure below:$$
\left|\boldsymbol{A}_{\boldsymbol{\Sigma}}\right| \leq \frac{\mathbf{C}}{R} \text { in } \quad \boldsymbol{\Sigma} \cap \mathbb{B}(\varepsilon R) \cap\left\{x_{3}>0\right\} .
$$



This result generalizes the one-sided curvature estimates for minimal disks by Colding-Minicozzi, and uses their work in its proof.

## The family $\mathcal{R}_{\mathrm{t}}$ of Riemann minimal examples

## Riemann's Infinite Staircase



Catenoid Soap Film


## Shifted wire

Perturbed Soap Film



## Cylindrical parametrization of a Riemann minimal example



3
2 1 0


## Infinite cylinder

## Conformal compactification of a Riemann minimal example

## Top End = North Pole



## Bottom End = South Pole

## Example

Topologically there is only one connected genus-zero surface with two limit ends. Riemann minimal examples have this property.

Proper genus-0 examples - Collin-Lopez-Meeks-Perez-Ros-Rosenberg


Catenoid


Helicoid


Riemann

## $1 / 1 /$

plane

## MODULI SPACE

CATENOID

$$
R_{t}=\text { Riemann Examples }
$$

HELICOID

## Riemann minimal examples near helicoid limits



- By appropriately scaling, the Riemann examples $\mathcal{R}_{t}$ converge as $t \rightarrow \infty$ to a foliation $\mathcal{F}$ of $\mathrm{R}^{3}$ by horizontal planes.
- The set of non-smooth convergence $\mathbf{S}(\mathcal{F})$ to $\mathcal{F}$ consists of 2 vertical lines $\mathbf{S}_{1}, \mathbf{S}_{2}$ perpendicular to the planes in $\mathcal{F}$.


## 1860 Riemann's discovery! Image by Matthias Weber

I am foliated by circles



Figure: A body-centered cubic interface or Fermi surface in salt crystal.
Next theorem is motivated by the study of 3-periodic H-surfaces that appear as interfaces in material science or as equipotential surfaces in crystals. This result contrasts with the failure of area estimates for compact minimal surfaces of genus $\mathbf{g}>2$ in any flat 3 -torus (Traizet).

## Theorem (Meeks-Tinaglia(2016))

Given a flat 3-torus $\mathbb{T}^{3}$ and $\mathbf{H}>0, \forall \mathbf{g} \in \mathbb{N}, \exists C(\mathbf{g}, \mathbf{H})$ s.t. a closed $\mathbf{H}$-surface $\boldsymbol{\Sigma}$ embedded in $\mathbb{T}^{3}$ with genus at most $g$ satisfies

$$
\operatorname{Area}(\boldsymbol{\Sigma}) \leq C(\mathbf{g}, \mathbf{H})
$$

## Closed H-surfaces in a flat 3-torus. By K. Grosse-Brauckmann (top) and N. Schmitt (bottom)



## Theorem (Choi-Wang(1983), Choi-Schoen(1985))

Let $\mathbf{N}=$ a closed Riemannian 3-manifold with Ricci curvature $>0$. Then:
(1) The areas of closed, connected embedded minimal surfaces of fixed genus in $\mathbf{N}$ are bounded
(2) The space of embedded closed minimal surfaces of fixed genus in $\mathbf{N}$ is compact.

## Theorem (Meeks-Tinaglia(2017))

Let $0<a \leq b$ and $\mathbf{N}=$ closed Riem. 3-manifold with $\mathbb{H}_{2}(\mathbf{N})=0$. Then:
(1) The areas of closed, connected embedded H -surfaces of fixed genus $\mathbf{g}$ in $\mathbf{N}$ with $\mathbf{H} \in[a, b]$ are bounded and their indexes of stability are bounded.
(2) For every closed Riemannian 3-manifold $\mathbf{X}$ and any non-negative integer $\mathbf{g}$, the space of strongly Alexandrov embedded closed surfaces in $X$ of genus at most $g$ and constant mean curvature $\mathbf{H} \in[a, b]$ is compact. (Similar compactness result holds for any fixed smooth compact family of metrics on $\mathbf{X}$.)

- Book for the course: Estimativas de área, raio e curvatura para $H$-superfícies em variedades Riemannianas de dimensão três. http://professor.ufrgs.br/alvaro/pages/research
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